

14th Annual Valentine's Day
Heart of Heart's Race
SUNDAY, FEBRUARY 14, 2010

Time: 12:00 PM (REGARDLESS OF WEATHER)

Fantastic new 5Km course and a "Sweethearts Couples Category" (Couples must cross finish line together to qualify and are exempt from age group awards)

Registration: 10:45 AM to 11:50 AM - Day of Race

PREREGISTRATION AVAILABLE and SUGGESTED!!

*Mail to: Heart of Heart's Race, c/o Wineglass Running Club, POB 117,
Corning, NY 14830*

Where: Big Flats American Legion (just off exit 49 of Rt. 17 between Corning & Elmira) At the Intersection of Maple Street and S. Olcott Rd

*Donation: \$10.00 Race Day. Wineglass Running Club Members \$5.00!!
Also, don't forget a bag/box of non-perishable food items for local charitable organizations - so, clean out your pantries and bring it all with you!! It will be greatly appreciated and is desperately needed!! Also, Family discounts available!!*

*Amenities: RUN: Prizes for overall winners M/F and the first two places in each age group(M/F) Age groups: <= 14, 15-19, 20-29, 30-39, 40-49, 50-59, & 60+; Sweethearts Couples category: 1st & 2nd place couples overall;
WALK: 1st place overall M/F.*

Refreshments and snacks provided to all participants.

Inquiries: Robert Kern, email: kernrc@yahoo.com

Make Checks Payable to the Wineglass Running Club

Name: _____

Age: _____ (physical not mental) Gender: M ___ F ___

Email Address: _____

LEGAL RELEASE: I understand that physical exertion is inherently dangerous. Risks include but are not limited to my own medical and physical condition, motor vehicle traffic, road surface conditions, and the weather. The Volunteers of this race and officers of the Wineglass Running Club, the Town of Big Flats, and the Road Runners Club of America are not to be held responsible for any injuries that may incur. I am responsible for myself.

Signature: _____ Date: _____

Parent or Guardian if under 18 years: _____