



Waypoint, Miles (approx). Description (Y = Yellow disk, R= Red disk, B = Blue disk, FLT = white paint (blaze))  
 Roads are often unmarked on course. Not all junctions are commented upon below or shown on map.  
 \*\*\* means not indicated on map

At an intersection you can turn left, or right or go straight  
 At a 'T' you turn left or right  
 At a 'Y' you bear left or right  
 A turn is either left or right

- 1 0.0 Start/Finish on Hammond Hill Rd at Earth Connections grounds.
- 2 0.4 Intersection of B1, turn left (off road) on B1. This turn is hard to spot, note yellow ``Posted'' sign on the right
- 3 0.4 'T', left remaining on B1 (right is snowmobile trail)
- \*\*\* Intersection, go straight
- \*\*\* There's a right turn, go straight instead
- \*\*\* There's a right turn, go straight instead
- 4 0.8 Intersection, turn R off B1 onto unmarked road
- 5 0.8 'Y', bear R, off road onto Y5
- 6 1.3 Intersection with Canaan Rd, straight (with a slight jog to the right to continue on Y5)
- 7 2.2 Turn R on Red Man Run/ Forest Home Rd.
- 8 2.4 Turn L on R1 (unmarked at this point) as clearing narrows to road
- \*\*\* 'Y' bear R at, still on R1
- 9 3.3 Turn L on R2 (do not continue on trail whose markers now indicate a snow mobile trail)
- \*\*\* The map is wrong in this area, the FLT, as best we can tell, runs parallel, to the east, briefly touching R2 at the top of the northern hill just before R2 swings 120 degrees to go SW
- 10 Course joins Y4 (just prior to this, back on R2 the FLT joins)
- 11 4.9 **Critical:** leave wide Y4, R on narrow FLT
- 12 5.2 'T' left (up hill) on abandoned road (Star Stanton Rd.), leaving FLT which goes down hill to the right
- 13 'T', turn R on Y3
- 14 5.4 Turn L on Y3
- \*\*\* Y1 and Y4 disks along this section
- \*\*\* Course (and Y trail) bears to right, not straight into berm that was built up to indicate that trail was moved)
- 15 5.9 Left turn, go straight (this is Y2, no trail disks here)
- 16 6.2 'Y' bear left on Y1, right is G1
- \*\*\* Next the trail splits and rejoins after 60 m... the right hand path is the course
- \*\*\* 'Y' bear left (watch for Y tag, the course is not straight downhill, but instead this uphill left)
- 17 6.6 Cross Star Stanton Hill Rd.
- \*\*\* Bear right at 'Y'
- 18 'T' turn right, still on Y1 trail
- 19 Turn R at still on Y1, straight is Y5
- 20 7.6 Turn L on unmarked trail from Y1
- 21 7.7 Cross the road for 13K finish, turn left, repeat course for 26K